



# Eastbury Farm Primary School

Bishops Avenue, Northwood, Middlesex, HA6 3DG

Tel: 01923 824543

Headteacher: Miss R Workman

November 2025

Dear Parents and Carers,

## **TaeKwonDo – Spring Term 2026**

We are pleased to announce that Total TKD Ltd, will provide a two weekly early morning sessions of Taekwondo at Eastbury Farm in the Spring Term. The sessions will run from 8.00 a.m. to 8.45 on Tuesday and Thursday mornings. The club is open to children from Year 2 to Year 6 and children will be allocated to attend **one** specific club day. Club will start on the **week commencing 12<sup>th</sup> January 2026** and run for 9 weeks during term time until the **week commencing 16<sup>th</sup> March 2026**.

Nick Symonds; a qualified instructor and a member of the British Taekwondo team owns Total TKD Ltd. Sessions will be run generally by either Nick on Thursdays or his son Fred on Tuesdays, however Nick will oversee all students. Although Taekwondo is a 'martial art', the emphasis for young children is on developing fitness, flexibility and endurance and, perhaps more importantly, self-confidence and self-esteem.

For children who, after a few sessions, feel they wish to go further and take grades, there would be a further optional charge for membership, uniform and registration with the Taekwondo Federation.

If your child **is not** already a member of the club and would like to participate, please **contact the school office**, who will add your child's name to the waiting list. Taekwondo tends to be extremely popular - children who have previously attended Taekwondo club will be given first refusal on places and the remaining places will be allocated on a first-come, first-served basis. If you child previously attended and no longer wishes to do so please let the school office know as soon as possible.

The cost for 9 weeks is **£31.50** payable in advance through School Gateway. This club is partly subsidised by the school.

Yours sincerely,

Eastbury Farm School Office