



Eastbury Farm Primary School

Bishops Avenue, Northwood, Middlesex, HA6 3DG

Tel: 01923 824543

Headteacher: Miss E Ormonde

December 2024

Dear Parents and Carers,

TaeKwonDo – Spring Term 2025

Nick Symonds, a member of the British Taekwondo team and qualified instructor will continue to provide early morning sessions of Taekwondo at Eastbury Farm in the Autumn Term. The sessions will run from 8.00 a.m. to 8.45 on Thursday mornings. The club is open to children from Year 2 to Year 6. Club will start on 16th January 2025 and run for 10 weeks during term time until 27th March 2025.

Although Taekwondo is a 'martial art', the emphasis for young children is on developing fitness, flexibility and endurance and, perhaps more importantly, self-confidence and self-esteem.

For children who, after a few sessions, feel they wish to go further and take grades, there would be a further optional charge for membership, uniform and registration with the Taekwondo Federation.

If your child **is not** already a member of the club and would like to participate, please **contact the school office**, who will add your child's name to the waiting list. Taekwondo tends to be extremely popular - children who have previously attended Taekwondo club will be given first refusal on places and the remaining places will be allocated on a first-come, first-served basis. If your child previously attended and no longer wishes to do so please let the school office know as soon as possible.

The cost for 10 weeks is **£35.00** payable in advance through School Gateway. This club is partly subsidised by the school.

Yours sincerely,

Eastbury Farm School Office